



THE

Handweaving
Academy

Sample Runner Recipe

Sample Runner / OVERSHOT DEPARTURES

Project At A Glance

Warp length	5 yd / 4.6 m. Includes 1 yd / 0.9 m loom waste.
Total ends	223 threaded ends, plus two for floating selvages
Warp sett:	16 ends per inch / 64 ends per 10 cm on a floor loom or 15 ends per inch / 60 ends per 10 cm on a table loom
Width in reed	13.9 - 14.9" / 35.3 - 37.8 cm
Warp yarn	8/2 unmercerized cotton, 1115 yds / 1020 m = 5.3 oz / 150 g for a 5 yd / 4.6 m warp. Add another 223 yds / 204 m = 1.1 oz / 30 g for each additional yard of warp. (Floating selvages are not included in these numbers)
Weft yarn	Various weights and amounts; see instructions for each treading
Woven length	See notes below
Finished size	Depends on woven length

Warp & Woven Length

A five yard warp is enough for a four yard runner - but a four yard runner isn't very practical! I suggest you divide this length into two or more runners. Whether you make two runners each 2 yards long, make one long runner and one short, or make some other choice entirely is up to you!



Some options:

- Make two matching(ish) runners with narrow bands of the same treadlings on each. To fit all 12 treadlings into a 2 yd / 1.8 m runner, allocate 6" / 15 cm to each treadling, or 5" / 12 cm each with 1" / 3 cm plain weave between bands.
- Make two or more runners with wider bands (up to 12" / 30 cm) of different treadlings on each.
- Make it up as you go along!

Threading options

Three threading designs are provided: honeysuckle, diamond, and Ron's d4¹. All three have a total of 223 ends. All are symmetrical, so it doesn't matter if you start threading at the right or the left.

Note that floating selvages are not shown in the threadings but should be added.

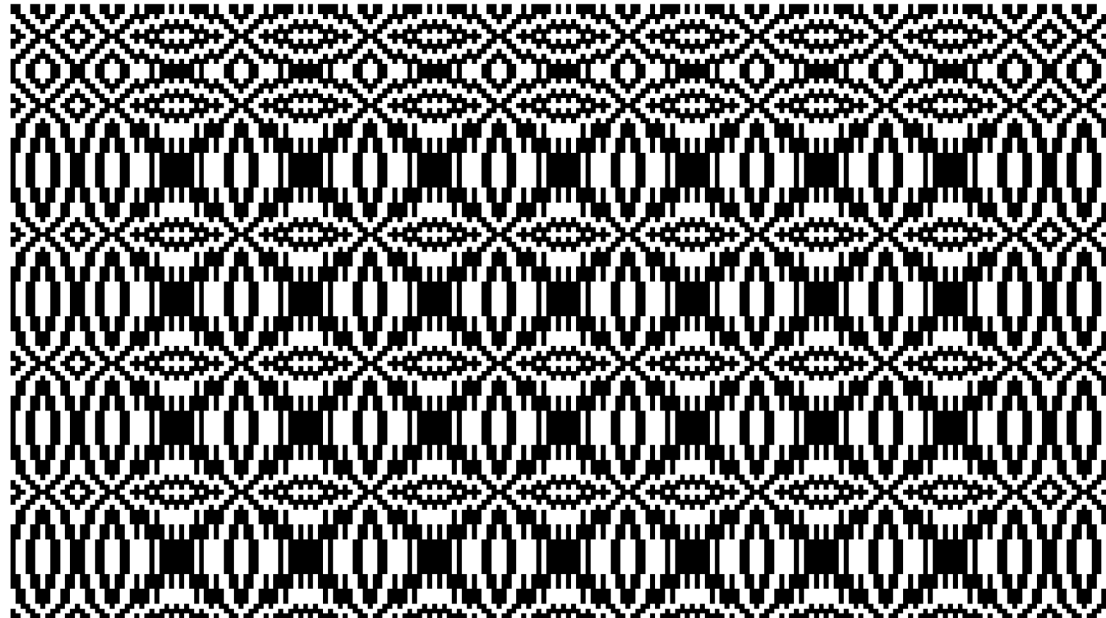
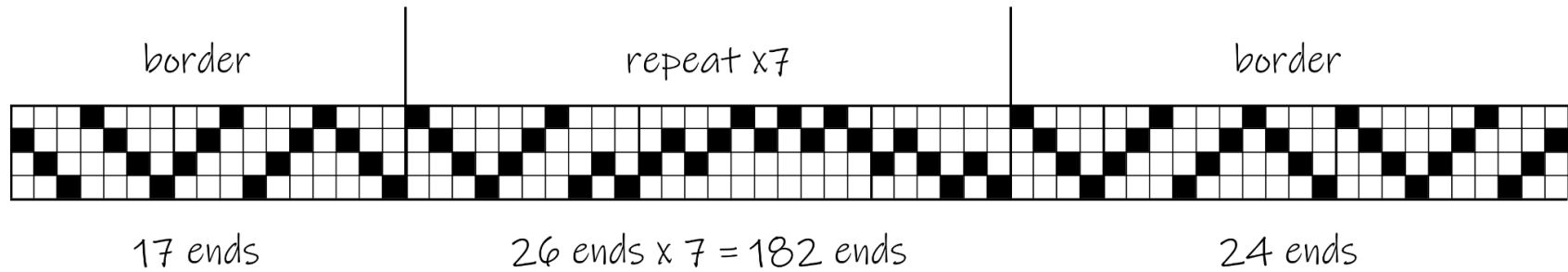
A drawdown using the standard overshot star fashion treadling is given for each of the three threadings, but keep in mind that we won't be weaving standard overshot and you may choose treadling orders other than star fashion, so your cloth will not match these drawdowns! They're provided only to give you a sense of the scale and general characteristics of each threading.

You can also choose your own overshot threading. If you do, you might also want to adjust the number of ends in your warp, which will in turn affect the amount of yarn required.

¹ My husband Ron helped to create it by rolling a 4 sided die while I recorded the results.

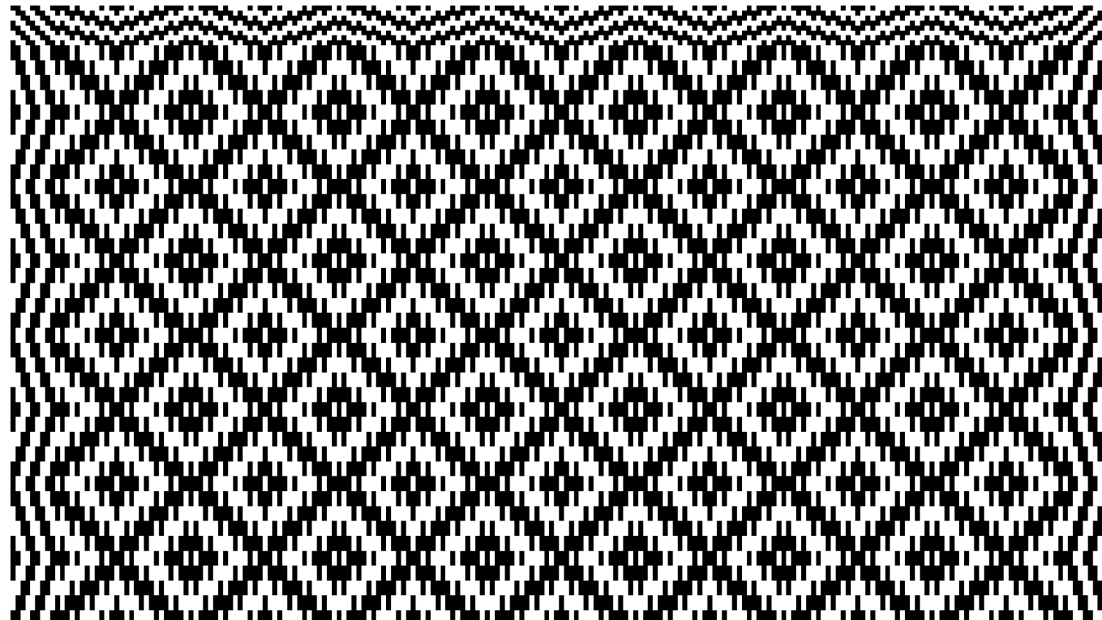
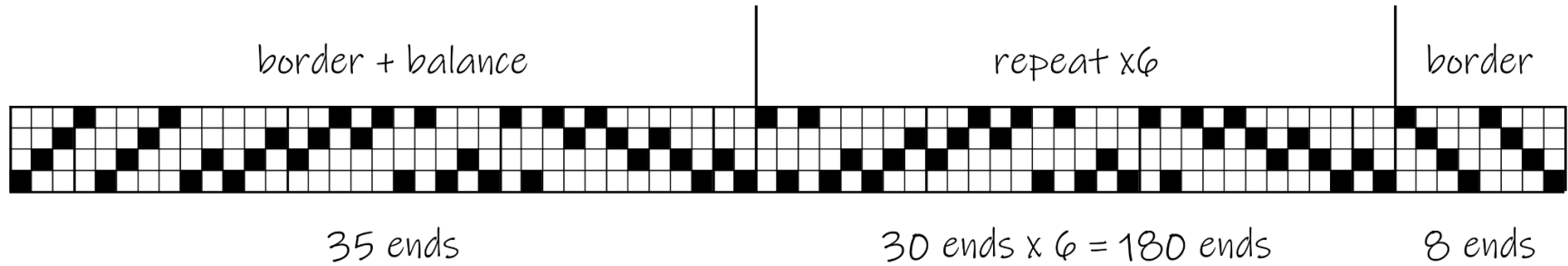


Honeysuckle:



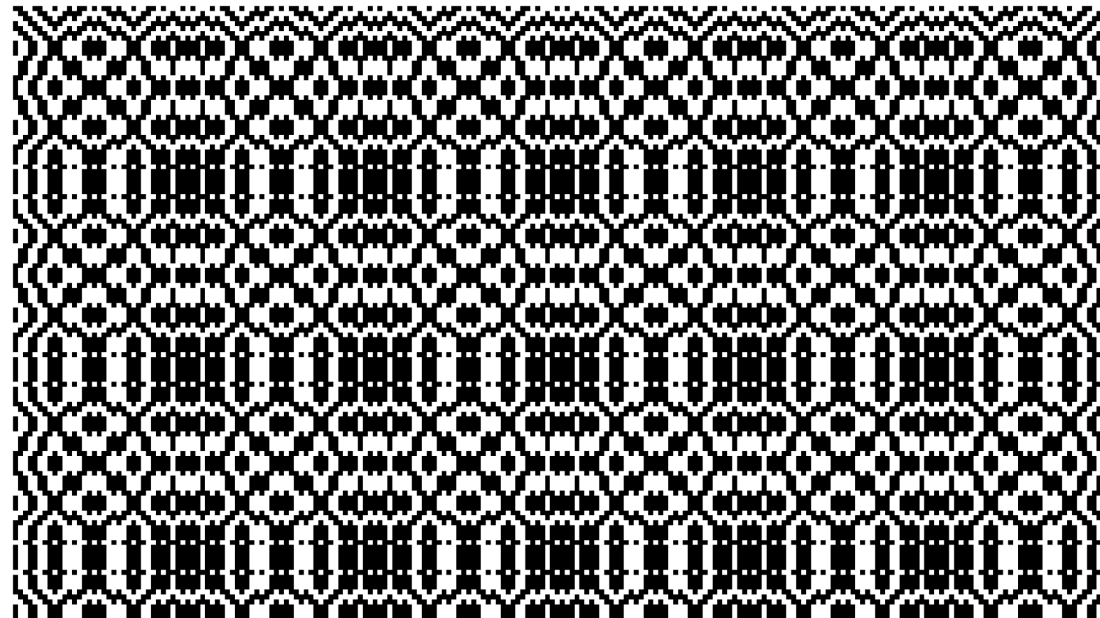
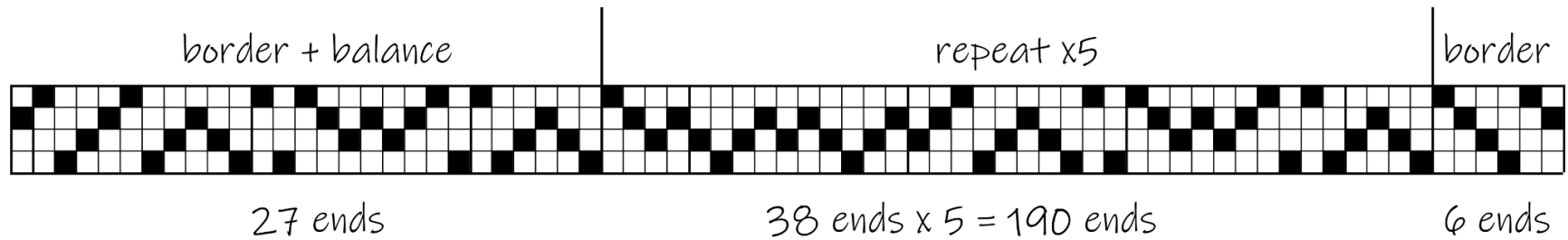


Diamond:





Ron's d4:





Weaving Notes

Floating selvages

Floating selvages are recommended. Use your warp yarn for the floating selvages.

Weaving your samples

The lessons for each treadling variation include

- weft suggestions
- liftplans and tie-ups+treadlings for both rising and sinking shed looms,
- explicit step-by-step instructions for which treadle to step on and which shafts to move

It's your choice whether to hemstitch and leave a short fringe at each end of your runner or to weave some plain weave to turn under for a hem.

Chef up Your Samples

Adjusting warp width

If you'd like a wider runner, increase the number of ends in your warp by full threading repeats and the borders will still work out just as designed.

In other words, if you choose the honeysuckle threading, increase the number of ends by a multiple of 26 ends. If you choose the diamond threading, increase the number of ends by a multiple of 30 ends, and increase Ron's d4 draft by a multiple of 38 ends. Then follow the drafts exactly as written apart from the number of repeats.

Adjusting warp length

If you like falling down rabbit holes while exploring new ideas, consider increasing the warp length! Five yards goes surprisingly quickly if you're really intrigued by one or more variations. That's especially true if you're weaving on a floor loom.



There's no need to rethread during the class, nor any expectation that you will! Having said that, all three threadings use exactly the same number of warp ends, which makes it possible to cut off and rethread midway so that you can try more than one threading. If that sounds appealing, put on extra warp!

If you want to be able to cut off between runners, add around half a yard or meter to the warp length for each time you plan to cut.

Using a different warp yarn

There's information in class about choosing the right sett for other yarns. If you choose another yarn for your warp and aren't sure what sett to use, you can still dress your loom before class begins. Use a sett slightly looser than whatever you'd use for plain weave with your chosen yarn, or simply use the setts suggested above and plan to resley before you start to weave.